

Southern Ohio District Women's Retreat
September 23rd-25th, 2011

The Banquet Continues....

Relax and Restore Your Soul

- One Step at a Time -

PSALM 25: 4-5

Show me the path where I should walk, O Lord;
point out the right road for me to follow.
Lead me by your truth and teach me,
for you are God who saves me.
All day long I put my hope in you.

Registration Information:

Basic registration, lodging & five meals - \$70.00.
Saturday only, two meals - \$30.00
Lodging in a chalet, \$25.00 additional per person
(minimum 4 women)

ALL REGISTRATIONS and MONEY MUST BE RECEIVED BY August 20th. We honor Visa and MasterCard. Fee is refundable should the event be cancelled due to low attendance, or at registrant's request prior to Aug. 20th.

Program Leader: Barbara Menke

Barbara Menke is a follower of Jesus Christ whose spiritual journey has led her through children's ministry, small group leadership and then to becoming a pastor. She has served in the ministry team at Oakland Church of the Brethren and recently as interim pastor at Covington Church of the Brethren. She enjoys leading people toward "aha!" moments in their faith journey - and to have a little fun along the way. When not involved with the church, she and her husband Tom can be found playing with their grandchildren or walking in the woods.

Join Barbara for this One Step at a Time weekend as we walk a Christ-centered labyrinth. Walking a labyrinth is an ancient spiritual practice that has been revived in recent years. Christian labyrinths date back to the fourth century. The medieval cathedrals of Europe often had a labyrinth in the floor tiles. In our busy lives, we relish this ancient-modern opportunity to slow down and listen to God's still small voice. Barbara will help us to use the resources God has given us to let go of worry and stress and rest in God.

When Christ had supper with his disciples for the last time, he taught them how to take rest from their daily lives, and invited them to come to the banquet. The weekend is planned to give rest from our travels and to enjoy the banquet of blessings that are offered to us through our relationship with Christ.

This program is sponsored by the Southern Ohio Outdoor Ministries of the Church of the Brethren.
Woodland Altars is owned by the Southern Ohio District Church of the Brethren.

2011 Women's Retreat Registration

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Church: _____ Registering for: _____ full _____ Sat. only

Credit Card Number: _____ Exp. Date: _____ MC or VISA

Signature: _____ Email: _____

I give permission for my name and address to be shared. YES NO

Please enclose \$70.00 (checks made to Outdoor Ministries) and mail to:
Shelley Flenner, 6636 Abingdon Hall, Morrow, OH 45152 phone: 513-899-7171 shortshelr@aol.com